

## A Human Churn

WHEN the food reaches the stomach it is subjected to a peculiar churning movement by the muscular walls of the stomach. (See Dr. Pierce's Medical Adviser, page 45). In the liver, kidneys and skin, the blood is purified of its waste materials—these organs act as human filters, leaving the blood pure and clear—unless liver, digestive tract and kidneys are clogged.

### Dr. Pierce's Golden Medical Discovery

is a stomach, liver and kidney tonic—by assisting the stomach to assimilate, the liver to filter, the kidneys to act—the poisons are removed, the red blood corpuscles are increased and one feels light, fresh and active instead of logy, dull and heavy. The "Discovery" stimulates the stomach, increases action of heart and arteries and is a most satisfactory alternative in blood-taint of any character. The refreshing influence of this extract of native medicinal plants has been favorably known for over forty years. Everywhere some neighbor can tell you of the good it has done.

Sold by all medicine dealers in liquid or tablet form; or send 50 one-cent stamps to Dr. Pierce, Buffalo, N. Y., and a trial box will be mailed you.

#### Half and Half.

Hon. Horace E. Stanton, apropos of the mismanagement of a railroad that had gone into a receiver's hands, said: "The calm and bland excuses offered for their mismanagement by the road's various heads remind me of Smith."

"Smith, last Sabbath, put in a strenuous day cleaning up his garden for the spring planting."

"But Jones, his next door neighbor, tackled him indignantly in the smoker the following morning and said:

"Look here, Smith, do you think I want all your tin cans and bones and old shoes thrown over into my garden?"

"You haven't got 'em all, old man. You've only got half," said Smith calmly. "Brown, on the other side, got the other half."

#### PIMPLES ON FACE AND ARMS

411 Howard St., Dayton, Ohio.—"About a year ago my face, neck, arms and back were beginning to become afflicted with pimples and blackheads. My pimples would get very large and appear to come to a head. If I tried to open them the pain would be terrible, but nothing could be taken from them. They itched very badly; I suffered terribly from itching. After scratching, the pimples would swell and after the swelling was gone my face would become very red and remain so for some time. My clothing caused the itching to be worse. When it was warm it was utterly impossible to sleep."

"I used a cream and the more I used the worse they got. Shortly after, I read the advertisement of Cuticura Soap and Ointment and determined to use them. The itching stopped almost immediately. This was about three months ago and I am entirely cured now." (Signed) Miss Marguerite E. Jacobs, Jan. 13, 1913.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L, Boston."—Adv.

#### A Blow at Women.

Mrs. Church—I see under the new German rules, no local telephone conversation may last longer than six minutes and no long-distance conversation longer than nine.

Mrs. Gotham—Why, the ideal! I think it is time the women insisted on their rights over there.

#### Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Hathorn* In Use For Over 30 Years. Children Cry for Fletcher's Castoria

#### Style.

Mrs. Styles—To be in style the papers say one must have something slim about them.

Mr. Styles—Well, I'm in style, all right, then.

"How so?"

"Why, my pocketbook looks that way, all right."

#### Only One "BROMO QUININE"

To get the genuine, call for full name, LAXATIVE BROMO QUININE. Look for signature of W. W. GROVE. Cures a Cold in One Day. 25c.

#### Spellbinders.

Professor—Why do college men mis-spell so often?

Stude—Probably because they pay more attention to the miss than they do to the spell.—Ohio Sun Dial.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take. Do not gripe. Adv.

#### Ample Explanation.

"Hello, Mike, where did you get that black eye?"

"Why, O'Grady's just back from his honeymoon and 'twas me advised him 't get married."

Doctor up that Cough—Dean's Mentholated Cough Drops are a sure relief for all coughs and colds—See at Druggists.

#### His Complaint.

Church—I see New York has six blind operators at telephone switchboards.

Gotham—To say nothing of a lot of deaf ones.

Red Cross Ball Blue gives double value for your money, goes twice as far as any other. Ask your grocer. Adv.

#### Where He Gets Off.

Bacon—He's living on Easy Street now, isn't he?

Expert—No, he's living on Get-Off-in-the-Morning-and-Light-the-Fire street.

Putnam Fadeless Dyes do not stain the hands. Adv.

That man is playing in luck who can stretch the truth without breaking his word.

## LETTER FROM THE STATE CAPITOL

STATE GEOLOGIST TALKS OF VAST MINERAL RESOURCES.

PRODUCTION IS NOW GREATER THAN EVER BEFORE.

Michigan Agricultural College Will Hold a Summer School to Begin June 24 and Close July 31.

Lansing, Mich.—"Probably no state in the Union produces in such great quantities such a diversity of minerals as Michigan," said State Geologist R. C. Allen in speaking of the various mining industries being carried on within the state.

"Michigan has been known as a great mining state since far back in the early forties and fifties when she began the development of her great copper and iron mines. After nearly three-quarters of a century of continuous mining of iron and copper ores the production today is greater than it ever was before. So far as geologists are able to see Michigan will continue to supply vast quantities of iron and copper for generations to come. While Michigan's fame as a mining state rests mainly on her vast deposits of copper and iron ores, she produces in addition a large number of other mineral products, among the more important of which are coal, salt, gypsum, clay, marl, limestone, glass, sand, whetstones and scythe-stones, gem stones and silver. Prior to 1896 a considerable amount of gold was produced from quartz veins in the vicinity of Ishpeming."

Gravel, Clay and Marl. "Gravel, clay and marl are all found in the glacial drift which is the universal soil formation of the state. Gravels are becoming more and more valuable for use in road building and road ballast. Marls are used in the production of Portland cement. Marl beds occur in many of the inland lakes of the state, and constitute the basis of an important Portland cement industry. Michigan makes more cement from marl than any other state. Many of the most valuable clay deposits occur around the borders of the state in the beds of the extinct glacial Great Lakes, which were the predecessors of the present Great Lakes and whose shore lines are found far inland on the present day land surface. These clays form the basis of a brick and tile industry. The value of whose products exceed \$2,000,000 annually."

"The Michigan coal basin occupies over 5,000 square miles of territory in the central part of the southern peninsula. Coal beds varying from an inch up to above four feet in thickness occur in the upper part of the coal measure series. It has been estimated that there are 8,000,000,000 tons of coal in the Michigan basin, most of which is available for mining. At the present time the active centers of coal mining are Bay City, Saginaw, St. Charles and in Genesee county. The value of the coal produced is more than \$3,000,000 annually."

Salt, Gypsum, Oil and Gas. "Rock salt occurs in the rocks of the Salina series and is produced through a shaft at Detroit. The greater part of the salt production of the state, however, is obtained by the pumping of brines and evaporation with waste fuel from lumber mills or in especially constructed vacuum pans. Salt is produced mainly at Detroit and northward along Lake St. Clair, in the Saginaw valley, and at Ludington and Manistee. The value of the salt products of Michigan is about \$2,500,000 annually and exceeds that of any other state."

"Gypsum occurs in the Grand Rapids group of the carboniferous series. The annual production is valued at from \$600,000 to \$800,000."

"Michigan produces small quantities of oil and gas. Many of the farmers in the southeastern part of the state and some other places obtain sufficient natural gas from shallow borings for domestic purposes."

Copper Industry Opened in 1845. "The copper industry in Michigan began as early as 1845. The copper mines are located on Keweenaw point and southwestward in Ontonagon county. Michigan has the distinction today of being, all years considered, the largest contributor in metallic copper, of exhibiting the largest copper mining operations, of attaining the lowest cost per ton of ore handled, of exploiting with profit ores of lower grade than are mined elsewhere and of paying larger total dividends than any other mining district in the world."

"Copper occurs in native form, mainly in conglomerates and trap beds. The Calumet and Hecla copper lode is three miles long and twelve to fifteen feet thick and is mined at a depth of over one mile. From the mines the copper ore is hauled to the mills, most of which are located on the lake. In the mills the copper is separated from the rock, from whence it is sent to the smelters where it is refined and cast into shapes for shipment. Great piles of copper ingots are familiar and

characteristic sights on the docks of Torch and Portage lakes.

"There is vastly more copper in the ground in Michigan than has been mined and Michigan will produce copper for many, many years to come. With the gradually declining tenor of the ores, increasing depths of mines, etc., the question with the mining companies relates not so much to exhaustion of the copper deposits as to the margin of profit that the deposits may be forced to yield on exploitation."

Iron Discovered 70 Years Ago.

"Iron was discovered in the Lake Superior region in 1844 near Negaunee by Wm. A. Burt, who was in the employ of Dr. Douglass Houghton, the first state geologist of Michigan. For nearly half a century, prior to 1901, Michigan held first place in the production of iron ore. Since that time the production of Minnesota has been much greater than that of Michigan. The main centers of iron mining are Ishpeming and Negaunee on the Marquette range, Norway, Iron Mountain, Crystal Falls and Iron River on the Menominee range, and Bessemer and Ironwood on the Gogebic range."

"As old mines are abandoned new mines are started on new discoveries of ore and although Michigan has been mining iron ore for nearly seventy years there still remains in the ground ready for mining almost, if not quite, as much iron ore as has been produced in all preceding years. In other words more ore is developed and discovered each year on the average than is mined that year and at the present time the outlook is exceedingly encouraging for an indefinitely long and prosperous period of iron mining. Michigan produces normally from 10,000,000 to 13,000,000 tons of iron ore annually and it is expected that this production will materially increase in subsequent years."

The M. A. C. faculty and state board of agriculture has passed favorably upon the plan for a summer school at the college and the courses, which consist of an undergraduate and graduate course, have been schemed out and also adopted by the faculty committee. Professor E. H. Ryder will have charge of the summer session and all communications of those interested should be directed to him.

This is the first time in the history of the institution that so complete a summer school has been authorized. The summer session will begin Wednesday, June 24 and close Friday, July 31. Registrations must be made prior to June 23. The summer session is open to all students regularly enrolled and to all persons of both sex who are not required to take any formal entrance examination. The summer school is especially fitted for teachers in need of the work, the session offers, and to students or others wishing to take special work or acquire credits for degrees.

These credits may apply toward degrees providing the student meets the entrance requirements. The matriculation fee has been set at \$5 with an incidental fee of \$2.50 and an additional laboratory fee for those taking laboratory work. M. A. C. is peculiarly fitted for technical training along every line and special attention will be given in home economics with its kin sub-branches of domestic art and domestic science. For the city wife, who has always worked in offices or who has had no opportunity to learn those things in house management which mean domestic prosperity, the summer sessions offer everything that a young wife needs from dressmaking, marketing, composition of menus, etc.

The under-graduate course will include bacteriology, botany, chemistry, dairying, entomology, farm crops, history and economics, home economics, domestic science, horticulture, mathematics, mechanical engineering, pedagogics, physiology, physics, poultry husbandry, soils and zoology. The graduate courses for those students possessing the requisite requirements to pursue advanced work for degrees will embrace such studies as bacteriology, chemistry, entomology and veterinary science.

The summer sessions will be no experiment with the M. A. C., but are established as a permanent phase of its educational work during the summer vacation months. The present staff of the institution will give the instruction necessary for the courses, but the new scheme will deprive the members of their annual vacations.

Attorney General Fellows holds that the offices of county commissioner of schools and member of the state legislature are incompatible, while the offices of supervisor of a township and moderator of a school district are not incompatible. Fellows also holds that the raising of money to purchase and build a new school can be voted upon as one proposition.

Veterans of the civil war holding taxable property valued at \$3,000 are not exempt from taxation under the soldiers' exemption act, according to Fellows. In another opinion he holds that a highway commissioner does not have to be a taxpayer in order to hold office.

Insurance Commissioner Winship has revoked the certificate to do business in Michigan of the National Life association of Des Moines, Iowa. Winship received notice today that the insurance commissioner of Iowa had revoked the certificate of the company, and he immediately took similar action here.

## BEST METHODS OF IRONING

Seem Small Things in Themselves, But Success in the Laundry Depends Upon Them.

Handkerchiefs should be ironed all over on both sides till they are quite dry, exactly folded so as to bring the name or initials on the top fold, and well pressed. Iron very straight by the hem or selva, not across from the corners, then press out the corners carefully and square.

Small things, such as table napkins or tray cloths, must be ironed all over on both sides, beginning with the right. The pressure of the iron on the damp linen will polish it and raise a bright gloss, which must be on the upper surface. If the wrong side is ironed first it will be glossy and the right side dull.

To remove blisters from stiffened linen press the part with a clean, wet rag; place the iron on the spot, remove it, and the blister will have disappeared. Blisters arise generally from imperfect starching, so care should be taken that every portion of the fabric gets well starched.

Be careful not to iron cotton or muslin materials when they are too dry or they will have a rough appearance and no gloss. Prints and colored goods must not be ironed with too hot an iron or the colors will be spoiled. Iron embroidery on the wrong side over flannel so as to raise the pattern.

## THINGS WORTH KNOWING

Mattresses should be sunned as often as possible. This makes them sweet and free from germs.

To prevent eyeglasses "steaming" in cold weather, rub with vaseline and polish with a silk handkerchief.

To iron embroidery the iron should be applied on the wrong side, and a thick ironing blanket used.

System is a great time and money saver in the home; haphazard methods are wasteful in every direction.

If a piece of paraffin paper is wrapped around the knife blade it will cut butter without making it crumble.

Tomatoes filled with minced pineapple, celery and chopped nuts mixed with mayonnaise make a delicious salad.

A spoonful of whipped cream is a tasty addition to any cream soup. Add it to the top of the cup just before serving.

Dingy towels may be restored to whiteness by putting in a boiler of cold water, adding white soap shavings and lemon juice and letting come slowly to a boil. Rinse in tepid water, then blue water. Hang in the sun to dry.

#### Oven Holders.

Most housekeepers put the flour sack and hem it for a dish towel, but a quarter sack makes a very skimpy square of muslin. When my family became reduced to the quarter-sack size, writes a contributor to Mother's Magazine, I found a better use for the cloth. I ripped and pulled threads to make a perfect square; then I stitched the cloth into an oblong strip which made a holder for the large roasting pans. A convenient supply of these, boiled and ironed, will save the dish towels from being used near the oven and justify the expense of good linen crash for towels.

#### Fancy Roast.

Melt one tablespoon of butter, add two teaspoons of flour, and when mixed to a smooth cream add one cup of cream. Season to taste with salt and pepper. Toast four to six slices of bread and lay them on a hot platter. Put 25 oysters in their shells into the oven and roast till the shells open, and take out the oysters, pour the oyster liquor over the toast, then place the oysters on the toast, add the cream mixture and serve at once.

#### Soft Molasses Cookies.

One drop brown sugar, one cup molasses, one cup butter and lard mixed, one teaspoon of salt, one tablespoon of soda dissolved in three-quarters cup of hot water, two tablespoons of vinegar, one tablespoon of ginger, flour to mix medium stiff; set in a cool place over night and roll about one-quarter inch thick and do not take too long, or they will be hard; this makes about four dozen. Hope some of the readers will try them.

#### Preventing Rust.

A little precaution when an iron kettle is new will go a long way toward preventing its rusting. Fill it pretty full with potato parings, add water to all but cover, and boil for an hour. Empty the kettle, wash in very hot water, dry it and rub well with lard. Repeat the operation two or three times and you will have a kettle that should last a long time without rusting.

#### Beans a la Bretonne.

Soak two cups of dried beans overnight and boil until tender in salted water. Drain, press through a sieve and add two tablespoons of butter, a tablespoonful of lemon juice or tarragon vinegar, salt and pepper to season and enough stock to moisten. Serve with roast lamb.

#### Chicken Broth.

Take the first and second joints of a chicken, boil in one quart of water till very tender and season with a very little salt and pepper.

## "BOUND FOR WESTERN CANADA"

A PRAIRIE SCHOONER SLOGAN, THAT STARTED FROM NEBRASKA.

Four horses abreast attached to a red painted prairie schooner, with windows and a protruding stovepipe, with the words, "Bound for Canada," on the schooner's side, was the object of considerable interest as it passed on the way northward from Nebraska a short time ago through the towns in Nebraska, South and North Dakota. After some weeks of strenuous traveling in this way, Mr. J. F. Jensen made the overland trip from Jameson, Nebraska, and with his little family made the regular customs entry at North Portal, in the province of Saskatchewan. Their destination was Willow Bunch, a district that Mr. Jensen had selected as one in which it was possible for him to work out his fortune. He located on a good half section of land, and intended putting on it some cattle that would fatten on the wild prairie grass that grows so luxuriously in that district. In addition to this his purpose was to cultivate a portion of it and raise wheat, oats, barley or flax. In short, a life devoted to mixed farming was what he had in view and it is easy to understand that he will make a success of it, and in a year or so will attach some more land holdings.

Although his beginning may be small, it may safely be said that Mr. Jensen, like thousands of others who have begun life in western Canada on no more and with probably much less, will prosper. He will not be far from a line of railway. Schools will be close at hand and other social conditions so necessary in a new country are available.—Advertisement.

#### Tidal Wave Submerges Island.

Inskereach, a small island lying off Arranmore, on the Donegal coast, and having a population of about 90 persons, has been almost entirely submerged by a tidal wave.

Roused by the roar of the waters, the residents were able to escape with their lives, but suffered severe loss of property, chiefly in regard to their stocks of seaweed stacked ready for kelp-making. The tidal wave reached Arranmore also, but the conformation of the land there protected the neighborhood from the ravages of the waters.

Be thrifty on little things like bluing. Don't accept water for bluing. Ask for Red Cross Blue, the extra good value blue. Adv.

#### Knew the Game.

"How did you ever get papa's consent to our marriage, George?" asked the sweet young thing.

"Why, Grace, you seem to forget that I took medals at college in the hurdle event, and am a crack-jack at getting over obstacles."

Man wants but little here below, but women are always looking for basement bargains.

# A Message To Women

## Those of Middle Age Especially.

When you have found no remedy for the horrors that oppress you during change of life, when through the long hours of the day it seems as though your back would break, when your head aches constantly, you are nervous, depressed and suffer from those dreadful bearing down pains, don't forget that Lydia E. Pinkham's Vegetable Compound is the safest and surest remedy, and has carried hundreds of women safely through this critical period.

Read what these three women say:

### From Mrs. Hornung, Buffalo, N. Y.

BUFFALO, N. Y.—"I am writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female trouble and always had pains in my back, no appetite and at times was very weak."

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. I took it and have gained eight pounds, have a good appetite and am feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."—Mrs. A. HORNUNG, 91 Stanton St., Buffalo, N. Y.

### Was a Blessing To This Woman.

So. RICHMOND, VA.—"I was troubled with a bearing down pain and a female weakness and could not stand long on my feet. Of all the medicines I took nothing helped me like Lydia E. Pinkham's Vegetable Compound. I am now regular and am getting along fine. I cannot praise the Compound too much. It has been a blessing to me and I hope it will be to other women."—Mrs. D. TYLER, 23 West Clopton St., South Richmond, Va.

### Pains in Side, Could Hardly Stand.

LOST, Wis.—"I was in a bad condition, suffering from a female trouble, and I had such pains in my sides I could hardly move. Before I had taken the whole of one bottle of Lydia E. Pinkham's Vegetable Compound I felt better, and now I am well and can do a good day's work. I tell everybody what your medicine has done for me."—Mrs. JOHN THOMPSON, Lodi, Wisconsin.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments can afford justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health. Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



Believed in Daylight Saving. The late King Edward practiced daylight saving on lines similar to those proposed in the daylight saving parliamentary bill. For many years and Sandringham he caused his clocks to be advanced 30 minutes during the summer months, and in the last two years of his life he caused the same rule to be observed at Windsor and Balmoral, and said that he was favorably disposed towards the bill.

Bought it for Cash. Marks—What did you gain in your deal with Brown?

Parks—A great deal of respect for Brown's business ability.

There are also as good compliments as ever were fished for.

## The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Bileousness, Head-ache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Dr. J. D. Kellogg's

ASTHMA

Remedy for the prompt relief of Asthma and Hay Fever. Ask Your Druggist for It. Write for FREE SAMPLE. NORTROP & LYMAN CO., LTD., BUFFALO, N.Y.

PARKER'S

HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 25c at all drug stores or sent free on receipt of 5c in stamps.

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